



## City of Gaithersburg Press Release

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### For Immediate Release

## Register Now for Winter Youth, Teen Sports

**Gaithersburg, MD – (October 3, 2019)** Registration is now open for Winter Youth and Teen Sports programs in the City of Gaithersburg. Winter offerings include youth and teen basketball and teen volleyball. Gaithersburg Sports leagues offer one practice and one game per week, allowing youth and their families time for other activities. The City also offers Start Smart™ programs for 4 to 6 year-olds in basketball and tennis. Start Smart is an international program designed to introduce youth, along with their parents, to the world of sports.

Registration for most programs is open until November 6. Some programs have limited space and will be filled on a first come, first served basis. Start Smart programs are limited to the first 20 participants.

Winter Youth and Teen Sports offerings include:

- Start Smart™ Tennis for Youth Ages 4 – 6 and their Parents
- Start Smart™ Basketball for Youth Ages 4 – 6 and their Parents
- Boys Basketball Grades K – 2, 3 – 6, 7 & 8
- Girls Basketball Grades K – 2, 3 – 6, 7 & 8
- Boys and Girls Recreational Volleyball League Grades 6 – 8 and 9 – 12
- Boys and Girls Competitive Volleyball League Grades 9 – 12

A special registration event will be held at Dick's Sporting Goods store at Rio Washingtonian Center on Saturday, November 2 from Noon to 4 p.m. All Gaithersburg Sports participants, whether registering that day or having done so previously, can enjoy special discounts on equipment and apparel during the event.

Register online and view complete program details at [www.gaithersburgmd.gov/recxpress](http://www.gaithersburgmd.gov/recxpress), fax your registration to 301-948-8364, or visit the Activity Center at Bohrer Park, 506 South Frederick Avenue next to Gaithersburg High School. For more information visit [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov) or call 301-258-6350. Subscribe to our sports newsletter [here](#).

The City is also seeking volunteer coaches for these sports programs. All volunteers who wish to coach for the City of Gaithersburg must go through a background check and will receive certification through the Positive Coaching Alliance. Call 301-258-6350 for more information.

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